

Solution Focused Substance Abuse Treatment

BRIEF

BRIEF 7-8 Newbury Street London EC1A 7HU info@brief.org.uk www.brief.org.uk

**With Teri Pichot,
from Denver,
Colorado, USA.**

15-16 March 2010

London



We are delighted to be welcoming Teri to present for BRIEF for the first time in 2010. Teri is at the forefront of developments in solution focused practice in the United States and has a longstanding association with the founders of solution focused brief therapy. She has a wonderfully engaging presentation style and everything she does is grounded in many years experience of working on the frontline of statutory services.

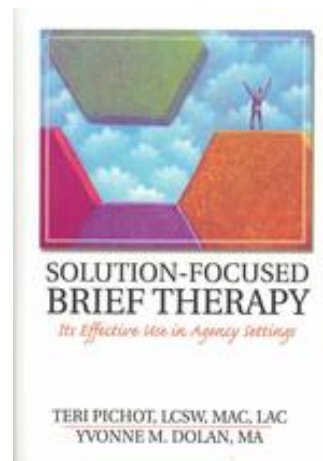
Teri's books include Solution-Focused Brief Therapy: Its Effective Use in Agency Settings – "an essential work for any individuals or agencies seriously committed to integrating solution-focused principles and techniques beyond a superficial level" – and the groundbreaking Solution-Focused Substance Abuse Treatment (2009).



Those struggling with substance abuse problems bring with them to treatment their own unique set of challenges. In this two-day workshop, Teri will not only explain the hows and whys behind solution focused brief therapy, but will demonstrate the effectiveness of this model with this challenging and often externally mandated population.

The ideas that Teri has developed for working in the substance abuse field are also invaluable across all statutory contexts. This will be an interactive workshop chock-full of practical tools.

Teri has been a psychotherapist for 20 years. She is currently the Program Manager of the Substance Abuse Counseling Program for the Jefferson County Department of Health and Environment and also maintains a private practice in the Denver area. Teri has designed and implemented innovative solution focused therapy programmes with both adults and adolescents. Teri qualified in social work at the University of Denver, and went on to obtain licensure as a Clinical Social Worker in addition to achieving the highest level of both state and national certification as an addictions specialist.



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